

CURRICULUM VITAE

Dr. Muzammil Ahmad Bhat
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Professional Qualification

Professional Qualification	Description of Professional Qualification
Ph.D.	Thesis Submitted On Topic "A Study of Postural Deformities Prevalence in School going Children's in South Kashmir Region of Kashmir of Division"
M .Phil	M. Phil From AwadeshPratap Singh University Rewa (M.P.)
M.P.Ed.	M.P.Ed. From SantGadge Baba Amravati University Maharashtra
B. P. Ed.	B.P.Ed. From SantGadge Baba Amravati University Maharashtra

Academic Qualification

Academic Qualification	Description of Academic Qualification
B.A.	B.A. From University of Kashmir
12 th	12 th From JKBOSE
10 th	10 th From JKBOSE

Research Related Experiences

Research Work	Description of Research Work
Published Research Paper's	Published more than eleven (11) research papers in international journals
Research Paper's Presented in the Conferences	Presented more than Seven (7) research papers in National and International Conferences
Attended Workshop	Participated in Four (4) workshops

Research Paper Published in Refereed Journals

Sr. No.	Title	Journal	ISSN/ ISBN	Year	Vol./Issue	Page No.	Impact Factor
01	Psychological Factors effecting Sports Performance	Research Nebula	2277-8071	2020		470	5.411
02	Effect of Swimming on Cardiovascular Endurance of Secondary School Students	Research Nebula	2277-8071	2020		165	5.411
03	Maintenance of Physical Fitness and Educational Studies during Covid-19	Ajanta	2277-5730	2020	Vol.IX Issue. IV	108	6.399
04	Effect of Selected Exercises on Flexibility and Coordination of Volleyball Players	Entire Research	0975-5020	2021		25	
05	Effect of Selected Weight Training on Strength Test of Volleyball Players	Research Nebula	2277-8071	2021		218	7.399
06	Effect of Selected callisthenic Exercises and Yogic Asanas on the Physical Components of Male Students	Research Nebula	2277-8071	2021		195	7.399

07	Effect of Aerobic Exercises on Physical Fitness of Adults	B.Aadhar	2278-9308	2021	Vol. XIII Issue. 313	241	7.675
08	Comparative Study of Fat Percentage and Lean Body Mass of College Students of hilly and Plain Areas	International Journal of Health, Physical Education and Computer Science in Sports	2231-3265	2021	Vol. 43 Issue. 1	374	7.217
09	A Study of Postural Deformities Prevalence in School Going Children's in South Kashmir Region of Kashmir Division	B.Aadhar	2278-9308	2022	Vol. XLVI Issue. 346	6	8.575
10	A Study of Lower Limb Deformities with Physiological Variables Prevalence in school going Children's in South Kashmir Region of Kashmir Division	International Journal of Physiology, Nutrition and Physical Education	2456-0057	2022	Vol. 7 Issue. 1	405	5.48
11	A Study of Upper Limb Deformities with Physical Fitness Components Prevalence in school going Children's in South Kashmir Region of Kashmir Division	International Journal of Yoga, Physiotherapy and Physical Education	2456-5067	2022	Vol. 7 Issue. 3	5	8

Papers Presented in Conferences

Sr. No.	Title of the Paper Presented	Title of the Conference	Level of the Conference	Organized by	Date of the Event
01	Psychological Factors effecting Sports Performance	International Online Seminar & Workshop	International	ShriShivaji College of Physical Education Amravati Maharashtra	May 2020
02	Maintenance of Physical Fitness and Educational Studies during Covid-19	Role Of Holistic Approaches to Yoga During Covid-19	National	Seth KesarimalPorwalCollege of Arts & Science & Commerce, Kamptee.	29 th August 2020
03	Comparative study of Coordinative Ability and balance among Wrestlers in different weight categories	Post Covid-19 Challenges on Health and Sports Performance	International	Lakshmi Bai National Institute of Physical Education, Gwalior	23 rd -24 th February, 2021
04	Age Effect of Jumping	Sports Psychology Serving	International	Indira	9 th ,

	technique and Lower Limb Stiffness during Vertical Jump of Adults	Athletes and Coaches	al and national	Gandhi Institute of Physical Education & Sports Science, DU	10 th & 12 th March 2021
05	Effect of Selected callisthenic Exercises and Yogic Asanas on the Physical Components of Male Students	International E-Conference on Career and Professional Development	International	ShriShivaji College of Physical Education Amravati	10 th -12 th July, 2021
06	A Study of Lower Limb Deformities with Physiological Variables Prevalence in school going Children's in South Kashmir Region of Kashmir Division	National Conference on Self-reliant India	National	Swami RamanandT eerthMarat hwada University Nanded (M.S.)	28-29 March 2022
07	A Study of Postural Deformities Prevalence in School Going Children's in South Kashmir Region of Kashmir Division	International Conference on Challenges and Opportunities of Physical Education and Sports Science in the Next Normal	International	Mahisadal Swimming Club	29-30 March 2022

DECLARATION:-

I hereby declare that all the above mentioned information correct up to my knowledge

Dr.Muzammil Ahmad Bhat